



# KATHRYN U. ALABI

LPCMH [Delaware] PC-0000790 | LCPC [Maryland] LC-11113 | NCC [#84429]  
CFMHE, CATTs, CCTP-I & II, CIVPS

## PROFILE

*Doctoral candidate in Marriage and Family Therapy Studies and Licensed Professional Counselor with more than 25 years of specialized experience in clinical and forensic mental health evaluation, including complex cases involving immigrant and culturally diverse populations. Recognized for conducting high-volume, objective, and investigative forensic assessments for immigration, criminal, and family courts. Expertise spans trauma, credibility analysis, malingering detection, and cultural factors affecting mental health. Maintains strict neutrality and impartiality, providing evidence-based evaluations and expert testimony that consistently meet the highest standards of clinical, legal, and ethical practice. Demonstrated leadership in clinician supervision and forensic curriculum development. Distinguished by a unique ability to synthesize clinical findings with legal criteria, producing reports and testimony that withstand rigorous judicial and administrative scrutiny. Not an advocate, but a neutral evaluator committed to accuracy, clarity, and defensible forensic reporting.*

## CORE COMPETENCIES

- **Psychological Assessment & Diagnosis:**  
Expertise in objective and projective psychological tests, neuropsychological screening, clinical diagnosis, and risk assessment for legal and immigration matters.
- **Forensic Knowledge:**  
Strong understanding of the US legal system (immigration law, USCIS guidelines, family/criminal court statutes), investigative psychology, and court procedures.
- **Clinical Interviewing:**  
Proficient in trauma-informed, culturally sensitive, and evidence-based interviewing tailored to diverse and vulnerable populations.
- **Forensic Report Writing:**  
Preparation of clear, detailed, and legally relevant reports that connect Clinical findings to specific legal criteria.
- **Expert Witness Testimony:**  
Experience in presenting complex psychological findings and opinions in court, depositions, and hearings.
- **Analytical & Critical Thinking:**  
Ability to synthesize data, formulate hypotheses, and identify inconsistencies, and draw sound, supportable conclusions in forensic contexts.
- **Family Systems & Trauma-Informed Care:**  
Application of family systems theory, attachment-based, and trauma-focused interventions for individuals, couples, and families.



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## KEY SKILLS & QUALITIES

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### Objectivity & Ethics

Maintaining impartiality, confidentiality, and high ethical standards in all evaluations.

### Attention to Detail

Meticulous documentation and thorough review of evidence and information.

### Problem-Solving

Applying logic and critical thinking to resolve complex forensic and clinical cases.

### Interpersonal Skills

Collaboration with legal professionals, empathy for clients, and crisis intervention capabilities.

### Technical Skills

Proficiency with forensic evaluation software and psychological testing instruments.

### Case Management

Efficient organization, prioritization, and documentation of multiple complex cases to meet strict deadlines.

### Research & Data Analysis

Ability to interpret and incorporate scientific research and data into evaluations and reports.

### Multilingual Communication

[English and IGBO]

## EDUCATION

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- NATIONAL UNIVERSITY (SAN DIEGO, CA)  
DOCTORAL STUDENT IN MARRIAGE & FAMILY THERAPY STUDIES (EXPECTED GRADUATION, 07/2027)
- NORTH CAROLINA A&T STATE UNIVERSITY (CACREP) (GREENSBORO, NC)  
MASTER OF SCIENCE IN AGENCY COUNSELING (12/2002)
- LIVINGSTONE COLLEGE (SALISBURY, NC)  
BACHELOR OF SCIENCE IN BIOLOGY (06/1998)

## DOCTORAL CLINICAL RESEARCH TOPIC OF FOCUS

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### CLINICAL RESEARCH FOCUS:

“Integrating Attachment-Based, Culturally Sensitive, and Neuroscience-Informed Clinical Approaches: A Mixed-Methods Intervention Study to Address Fragmented Mental Health Care for Biracial Women Trauma Survivors in Marginalized Communities.”

## LEADERSHIP, ENTREPRENEURSHIP & COMMUNITY IMPACT

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- **FOUNDER & CLINICAL DIRECTOR, A NEW BEGINNING COUNSELING, LLC:**  
Established and directed a multidisciplinary outpatient practice providing trauma-focused, culturally competent, and forensically objective mental health care to individuals, couples, and families. Responsible for clinical quality and compliance with legal and ethical standards.
- **FOUNDER & CLINICAL EVALUATOR, VITAL PATHWAY STRATEGIES EVALUATION LLC:**  
Launched and led a clinical forensic immigration evaluation practice, delivering over 200 objective forensic assessments and legal support services for immigrant and legally vulnerable populations. Built ongoing partnerships with legal aid clinics and community organizations to ensure continuity of care.
- **FOUNDER & CLINICAL DIRECTOR, RESILIENCE MIND NETWORK (NONPROFIT):**  
Created and led a nonprofit organization dedicated to accessible, evidence-based care for uninsured and underserved communities. Initiatives have reduced barriers to care and established a new community referral pipelines.

**LICENSES &  
CERTIFICATIONS**

- LPCMH (Delaware) PC-0000790
  - LCPC (Maryland) LC-11113
  - National Certified Counselor (NCC) 84429
  - Certified Addictions-Informed Mental Health Professional (CAIMHP)
  - Certified Anger Management Specialist (CAMS)
  - Certified Attachment Trauma Treatment Specialist (CATTS)
  - Certified Clinical Trauma Professional Level I (CCTP-I)
  - Certified Complex Trauma Level II (CCTP-II)
  - Certified Emotional Focused Individual Therapist (C-EFIT)
  - Certified Family Mediator (CFM)
  - Certified Family Reunification Therapist (CFRT)
  - Certified Forensic Mental Health Evaluator (CFMHE)
  - Certified Inner Child Trauma Recovery Specialist (CICTTS)
  - Certified Intimate Partner Violence Specialist (CIPVS)
  - Certified Mindfulness-Informed Professional (CMIP)
  - Certified Shame-Informed Treatment Specialist (CSTS)
  - Certified Veteran and Military Mental Health Professional (CVMHP)
- **CRISIS COUNSELOR (VOLUNTEER), MOSES CONE BEHAVIORAL HEALTH, GREENSBORO, NC (2002–2003):**  
Provided high-intensity crisis counseling, education, and support to individuals via a 24-hour hotline, including rapid risk assessment and crisis intervention for people in acute distress. Demonstrated strong cultural competence with clients from diverse backgrounds.
  - **VOLUNTEER MEDICAL AID, ROWAN REGIONAL MEDICAL CENTER, SALISBURY, NC (1998–1999):**  
Provided non-clinical support to patients and visitors, greeting and guiding individuals throughout the hospital, answering questions at information desks, and delivering flowers and mail. Offered compassionate emotional support to patients and their families, and assisted with logistics to enhance the overall patient experience while gaining insight into hospital operations.
  - **PRO BONO & COMMUNITY SERVICE:**  
Provide free forensic assessments and therapy for over 73 marginalized clients annually, waiving copays and offering support regardless of financial status. Deliver regular community education and outreach events to build awareness and increase access.
  - **PRO BONO SUPERVISION & TRAINING:**  
Offer pro bono clinical supervision to Associate Licensed Professional Counselors and Master's-level counseling students, supporting workforce development and adherence to ethical, trauma-informed, and forensic standards. Supervised more than 20 clinicians to date.
- ONGOING FAMILY/COMMUNITY MEAL SERVICE FOR THE HOMELESS**
- Prepare and serve 75–80 Sunday dinner meals weekly to members of The homeless community in Downtown Wilmington, Delaware. This long-standing, family-centered initiative addresses immediate Food insecurity and fosters community support for individuals experiencing homelessness.

## PROFESSIONAL MEMBERSHIPS

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- Academy of Professional Family Mediators (APFM)
- American Association for Marriage and Family Therapy (AAMFT)
- American Counseling Association (ACA)
- Association of Clinicians for the Underserved (ACU)
- Delaware Psychological Association (DPA)
- International Centre for Excellence in Emotionally Focused Therapy (ICEEFT)
- International Society for Traumatic Stress Studies (ISTSS)
- National Board of Certified Counselors (NBCC)
- National Board of Forensic Evaluators (NBFEE)

## LEADERSHIP, ENTREPRENEURSHIP & COMMUNITY IMPACT

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### COMMUNITY MENTAL HEALTH AWARENESS & PARTNERSHIP EVENTS

- **Panelist & Speaker, Black Chamber of Commerce Mental Health Initiative (April 2023)**: Invited speaker and panelist for the May Mental Health Awareness program, addressing the importance of mental health in diverse and marginalized communities, with a focus on men's mental health and encouraging open dialogue.
- **Community Mental Health Events: Organized and participated in mental health awareness campaigns, free 30-minute mental health sessions, community forums, and culturally responsive outreach events serving Latino, multicultural, and marginalized groups.**
- **Partnerships with Delta Sigma Theta & Alpha Kappa Alpha Sororities:** Collaborated in annual and ongoing mental health initiatives targeting underserved communities lacking access to behavioral health services.
- **Diversion Services and Awareness Initiatives:** Led educational and outreach programs to increase mental health awareness and diversion options for at-risk, marginalized, and multicultural communities.

### ADDITIONAL IMPACT AREAS

- **Trauma-Informed and Forensic Training Programs:** Designed and delivered training adopted by five regional agencies, raising trauma and forensic competency in the mental health workforce.
- **Community Outreach & Program Development:** Developed targeted outreach for military, veteran, immigrant, and other underserved populations, improving equitable access to care.
- **Mentorship & Clinical Leadership:** Mentor and supervise emerging clinicians, emphasizing APA-aligned ethical decision-making, objectivity, and excellence in forensic behavioral health.
- **Recognition:** Programs recognized by regional agencies and legal organizations for advancing forensic standards and expanding access to care.

## HONORS & FELLOWSHIPS

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- Doctoral MFT Minority Fellowship Program (FAHS/AAMFT) – [2025 – 2026]
- The Whisper Military Spouse Scholarship [2025 – 2026]
- Omega Nu Lambda National Honor Society [2024 – present]

## TECHNICAL PROFICIENCIES

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### Forensic & Immigration Evaluation Tools

- HCR-20 (Violence risk assessment for forensic cases) – Proficient
- MMPI-2, MCMI-III, WAIS, WISC (Personality, cognitive, and neuropsychological testing) – Advanced
- SARA, VRAG, SIRS (Specialized forensic and immigration risk/malingering assessments) – Proficient
- Rorschach Inkblot Test, TAT (Projective assessment tools) – Proficient

### Research & Data Analysis

- IBM SPSS Statistics (Quantitative data analysis) – Advanced
- R (Statistical programming, data visualization) – Intermediate
- NVivo, Atlas.ti (Qualitative data coding and analysis) – Proficient
- REDCap, Qualtrics, SurveyMonkey (Secure data collection & research management) – Proficient

## PROFESSIONAL TRAININGS (CLASSES)

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### 2025

- 2-Day Intensive Anger Management Certification Training: Mindfulness-Based Tools PESI | Sep 28, 2025 | 6 CE
- Addiction and Shame Dual Certification Training: Shame-Informed CBT, DBT, REBT & More PESI | Nov 27, 2025 | 6 CE
- Addictions Certification: Trauma-Focused Motivational Interviewing Strategies for Rapid Change. Gentry, Dempsey, Hall | PESI | Dec 4, 2025 | ~6–12 CE
- A Therapist's Guide to Preventing Youth Suicide & Self-Injury. Dr. Tony Sheppard | Jul 12, 2025 | 3 CE
- Best Practices in Clinical Supervision. Ellen Biros, MS, LCSW | Jan 9, 2025 | 2 CE
- Breaking Free from Abandonment Trauma Through Inner Child Work. Ellen Biros, MS, LCSW | May 3, 2025 | 3 CE
- Caring for Self While Caring for Others: Vicarious Trauma & Compassion Fatigue. Irina Wen, PhD | Nov 29, 2025 | 1 CE
- Certified Addictions-Informed Mental Health Professional (CAIMHP). Paul Brasler, LCSW | PESI | Dec 9, 2025 | 12.5 CE
- Clinical Implications of DSM vs. ICD in Personality Disorders. Dr. Greg Neimeyer | Jan 10, 2025 | 3 CE
- Cognitive Processing Therapy (CPT) for Suicidality Kathleen Chard, PhD | Nov 29, 2025 | 1 CE
- Collective Trauma of War. Patrick Dougherty, MA, LP | Nov 29, 2025 | 1.75 CE
- Comprehensive Immigration Evaluations Training/Certification. Cecilia Racine, LCSW | Nov 2025
- Complex Trauma Certification Level I & II (CCTP/CCTP-II). Janina Fisher, PhD | Sep 28, 2025 | 12+ CE
- Concussion & TBI in Military/Veteran Populations. Sherrie All, PhD | Nov 29, 2025 | 1 CE
- Crisis Response Planning & Lethal Means Counseling. Justin Baker, PhD | Nov 29, 2025 | 1.5 CE

## TECHNICAL PROFICIENCIES

### Clinical Documentation & Practice Management

- Electronic Health Records (EHR/EMR): Epic, Cerner — Proficient
- Practice Management: SimplePractice, TherapyNotes, eClinicalWorks — Advanced
- HIPAA-compliant Telehealth Platforms: Zoom for Healthcare, Microsoft Teams — Proficient

### Productivity & Communication Tools

- Microsoft Office Suite (Word, Excel, PowerPoint) — Advanced
- Google Workspace (Docs, Sheets, Slides) — Advanced

### Language & Multicultural Proficiency

- Bilingual: English and Spanish (Able to conduct assessments and write forensic reports in both languages)
- Experienced in using translation tools for multi-language client communication

### Regulatory & Compliance Awareness

- Extensive experience with HIPAA-compliant documentation, telehealth, and data management protocols

## PROFESSIONAL TRAININGS (CLASSES)

- Culturally Competent Assessment for Military Clients. Carrie Kennedy, PhD | Nov 29, 2025 | 5 CE
- Dialectical Behavior Therapy (DBT) for Trauma & Complex Clients. Dr. Charles Jacob | May 2, 2025 | 3 CE
- Domestic Violence Recovery: Long-Term Healing. Dr. Christine Murray | Jan 10, 2025 | 3 CE
- Dr. Sue Johnson's EFT: Attachment-Based Interventions for Couples. ICEEFT | Sep 28, 2025
- Dysfunctional Family Relationships: Overcoming Emotional Pain & Boundaries. Dr. Stephen Grinstead | May 2, 2025 | 2 CE
- Eating Disorders in Military Populations. Andrew Walen, LCSW | Nov 29, 2025 | 1 CE.
- EMDR for Adult Survivors of Childhood Abuse. PESI | 2025 | 6.25 CE
- EFT for Military & Veteran Couples/Families. George Faller, LMFT | Nov 29, 2025 | 5 CE
- Finding a Faster Way to Treat Trauma: Neurobiologically Informed. Janina Fisher, PhD | Nov 29, 2025 | 1.75 CE
- Forensic Mental Health Evaluation (SC25). NBFE | Oct 24–25, 2025 | 8 CE
- Forensic Mental Health Evaluation — Immigration Focus. NBFE | Nov 21, 2025 | 2 CE
- Foundations of Polyvagal-Informed Practice. Rhythm of Regulation | 2025 | 12+ CE
- Fundamentals of Emotionally Focused Therapy (EFT). ICEEFT | Sep 2025 | 6.25 CE
- Gabor Maté on Trauma, Stress, and Addictions. PESI | Sep 28, 2025
- Generational Trauma and Attachment: Understanding & Healing. Dr. Eboni Webb | May 2, 2025 | 3 CE
- Hoarding Disorder: Evidence-Based Approaches. PESI | Oct 24, 2025
- IFS: Repairing Internal Attachment (IFS Therapy). Frank Anderson, MD | Sep 3, 2025 | 1.5 CE
- Mastering Expert Witness Testimony NBFE | Oct 17–18, 2025 | 13 CE
- Mastering the Unified Protocol for Emotional Disorders. Shannon Sauer-Zavala, PhD | Nov 29, 2025 | 6.25 CE
- Mindful Ethics: Enhancing Decision-Making in Clinical Practice. Debra Alvis, PhD | Sep 26, 2025 | 3 CE

## REFERENCES

- **Aisha Hassan-Davis, PMHNP, CNS, CRNP**

Clinical Stakeholder & Medication Management Partner

Light and Mind Wellness LLC

[lightandmindwellness.com](http://lightandmindwellness.com)

[Aisha.hass@lightandmindwellness.com](mailto:Aisha.hass@lightandmindwellness.com)

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Relationship: Clinical Stakeholder & Medication Management Partner

- **Dr. Monica Shockley-Porter, DPA, MBA**

Diversity & Mental Health Advocate in Education and State Leadership

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(302) 857-4206 (Office)

Relationship: Diversity & Mental Health Advocate — State Educational Leadership

- **Daniel Tettetji, MS, NCC**

Doctoral Colleague, Clinical Marriage & Family Therapist

[danmted@gmail.com](mailto:danmted@gmail.com)

(215) 609-0372 (Cell)

Relationship: Doctoral Colleague & Licensed Therapist

- **Dr. Kristine Himmler, PhD, LMFT, LPCC**

Doctoral Clinical Supervisor & Clinical Mentor, Marriage & Family Therapist

Brandywine, Maryland

[Khimmler@nu.edu](mailto:Khimmler@nu.edu)

(240) 657-2850

Relationship: Doctoral Clinical Supervisor & Mentor

## PROFESSIONAL TRAININGS (CLASSES)

- **Military Sexual Trauma: Healing Betrayal.** Melissa Bradley-Ball | Nov 29, 2025 | 1 CE
- **Navigating Modern Attachment.** Sue Marriott & Ann Kelley | Oct 5, 2025 | 1.5 CE
- **Paths Through Moral Pain: Psychological Flexibility.** Wyatt R. Evans, PhD | Nov 29, 2025 | 1 CE
- **Polyvagal-Informed Trauma Recovery.** Amber Gray, PhD | Jan 19, 2025 | 3 CE
- **Rethinking Addiction: Integrative Harm Reduction.** Andrew Tatarsky, PhD | Nov 29, 2025 | 1.75 CE
- **Rethinking Borderline Personality Disorder.** Janina Fisher, PhD | Sep 2025 | 2.5 CE
- **Schema Therapy for Narcissism.** Wendy Behary, LCSW | Oct 18, 2024 | 3 CE
- **Shame-Informed Treatment Certification.** Dr. Patti Ashley | Dec 9, 2025 | 12.5 CE
- **Somatic Experiencing — Beginning I.** SE International | Aug 2025 | 24 CE
- **Trauma-Related Insomnia in Military Veterans.** Colleen Carney, PhD | Nov 29, 2025 | 1 CE
- **Understanding Military Culture for Behavioral Providers.** William Brim, PsyD | Nov 28, 2025 | 1.5 CE

### 2024

- **Certified Inner Child Trauma Recovery Specialist — Part 4 — Aug 23, 2024**
- **Reunification Therapy Specialist Training — Yi Zhao Martins, LMFT**
- **Therapist's Guide to Youth Suicide Prevention — Dr. Tony Sheppard**
- **North Carolina LCMHC Jurisprudence Training — Online CE**
- **Schema Therapy for Narcissism — Wendy Behary, LCSW — Oct 18**
- **Domestic Violence Recovery — Dr. Christine Murray — Jan 10**

### 2023

- **Healing the daughters of Narcissistic Mothers — Dr. Karyl McBride**
- **Certified Inner Child Trauma Recovery Specialist — Trauma Healing Institute**

### 2022

- **EMDR: A Rapid, Safe, and Proven Treatment (Live Event) — Feb 17–18**
- **EMDR: A Rapid, Safe, and Proven Treatment (Digital Seminar) — Feb 12**

## PROFESSIONAL TRAININGS (CLASSES)

### Legacy Professional Development (2001–2018)

- Training completed during early education, licensure, and early career experience.
- Childhood Development & Parenting
- Human Trafficking Awareness — North Carolina
- Mental Health First Aid — North Carolina
- Substance Abuse Treatment Models — UNC
- Crisis & Suicide Prevention — QPR, ASIST
- IPV/Domestic Violence — Clinical Training
- Play Therapy Fundamentals
- Trauma-Informed Care in Schools
- Working with African American Families
- Military Family Cultural Competency
- Faith-Based Counseling in Diverse Communities

## PROFESSIONAL EXPERIENCES

### A New Beginning Counseling, LLC — Wilmington & Dover, DE

Founder | Clinical Director | Trauma Therapist | Owner (2020–Present)

- Founded and built an outpatient private practice focused on culturally responsive, trauma-informed care.
- Supervised, mentored, and trained over 20 pre-licensed clinicians.
- Oversaw operations, policy development, and quality assurance.
- Provided trauma-focused therapy for individuals, couples, and families.
- Conducted more than 200 court-mandated forensic mental health evaluations and reports.
- Developed and delivered 15+ training workshops and curriculum-based professional development initiatives.

### Vital Pathway Strategies Evaluation — Delaware | Maryland

Founder | Clinical Forensic Mental Health Immigration Evaluator

- (2025–Present)
- Established a clinical forensic immigration services practice, providing mental health evaluations for legal proceedings, diversion programs, and immigration cases.

## PROFESSIONAL EXPERIENCES

- Collaborated with legal professionals and community agencies to improve outcomes for immigrant and legally vulnerable populations.
- Designed culturally sensitive evaluation protocols and built partnerships to expand access to specialized mental health services.

### **Resilience Mind Network — Middletown, DE**

Founder | President (2023–Present)

- Founded and directed a nonprofit dedicated to serving uninsured and underserved individuals with accessible, high-quality mental health care.
- Developed community outreach programs and partnerships to promote mental health equity.
- Secured funding, managed grants, and led strategic planning for sustainable growth.

### **Dover Behavioral Health — Dover, DE**

Intensive Outpatient Patient Treatment Program/Inpatient Hospitalization

Therapist (2016–2020)

- Conducted comprehensive assessments, treatment planning, and discharge plans.
- Led intensive and partial hospitalization groups (Substance Use, Depression, Anxiety).
- Facilitated family and individual sessions.
- Collaborated with community agencies to ensure continuity of care.

### **Balanced Mind Counseling Center — Middletown, DE**

Outpatient Therapist (2017–2020)

- Conducted assessments, developed treatment plans, and documented client progress.
- Provided evidence-based individual, couples, and family therapy.
- Managed administrative responsibilities, including billing and scheduling.
- Coordinated care, referrals, and follow-up for clients.

### **Novant Behavioral Health — Winston Salem, NC**

Outpatient Therapist I (2014–2015)

- Assessed patients in inpatient and walk-in settings, created individualized treatment plans, and delivered therapeutic interventions.
- Collaborated on a multidisciplinary team for integrated care.
- Ensured appropriate follow-up and maintained accurate documentation

### **North Carolina Mentor — Lexington, NC**

Program Lead & Counselor (2013–2014)

- Developed and executed the program's strategic vision in alignment with agency goals.
- Provided direct guidance, mentorship, and clinical training to developing professionals.
- Supported mentees in critical thinking, clinical judgment, and adherence to professional standards.

## PROFESSIONAL EXPERIENCES

### Moses Cone Behavioral Healthcare System — Greensboro, NC

#### Forensic Assessment Counselor (2003–2013)

- Performed emergency crisis evaluations to determine levels of care and completed legal documentation for involuntary commitments.
- Collaborated with community agencies, psychiatric hospitals, and rehabilitation facilities.
- Managed insurance precertification for inpatient admissions.

### Daymark Recovery Services — Lexington, NC

#### Human Services Clinician (2000 — 2003)

- **Assessment and treatment:** Conduct clinical psychosocial assessments and provide treatment services for clients with mental health problems.
- **Client support:** Perform face-to-face clinical assessments and provide emotional support to clients.
- **Collaboration:** Consult with other local providers and referral sources to coordinate care.
- **Administrative tasks:** Collect necessary information for reimbursement and complete and submit all required paperwork.
- **Service coordination:** Coordinate and transition services for clients as needed.

### Davidson County Mental Health — Lexington, NC

#### Case Worker II (1999- 2000)

- **Client assessment:** Interview clients to gather information on their social, economic, and mental history to understand their needs.
- **Service coordination:** Develop and manage a plan of care, coordinating with other professionals, such as counselors and agencies, to ensure the client receives appropriate services.
- **Eligibility determination:** Help clients determine and verify their eligibility for various program services and provide information about these services.
- **Resource navigation:** Connect clients to resources such as counseling, financial aid, housing, and other community services.
- **Advocacy:** Assist clients in navigating complex systems and advocating for their needs to help them overcome barriers to healthcare and other services.
- **Intervention:** May provide interventions designed to promote health, prevent disease, and address barriers to accessing care.

## **PUBLICATIONS & SCHOLARLY ARTICLES**

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### **MANUSCRIPTS IN PREPARATION**

- Alabi, K. (2025). Cultivating culturally responsive, attachment-based interventions for complex trauma survivors in marginalized communities: Eradicating stigma and producing individualized, holistic care. Manuscript in preparation. Doctoral manuscript aligned with practitioner—researcher and grant-oriented standards. Not yet submitted or published.

### **PRESENTATIONS**

#### **Invited Talks / Academic & Instructional Lectures**

- Alabi, K. (June 2024). Cultivating resilience and addressing family violence: A mini-lecture for first-year MFT students. Department of Marriage and Family Therapy, North Central University.
- Alabi, K. (2024). Mind matters: Navigating mental health in college life. Community mental health education presentation.

### **SCHOLARLY PRESENTATIONS (ACADEMIC & DOCTORAL)**

- Alabi, K. (August 2025). Reclaiming safety and voice: A trauma-informed reflection on clinical practice and supervision. Doctoral practicum presentation, Department of Marriage and Family Therapy, North Central University.
- Alabi, K. (August 2025). Delivering evidence of clinical competency: A trauma-informed, systemic approach to fulfillment of the clinical training plan. Doctoral practicum capstone presentation, Department of Marriage and Family Therapy, North Central University.
- Alabi, K. (June 2025). Culturally responsive practice across the lifespan: Clinical and supervision reflection. Doctoral practicum presentation, Department of Marriage and Family Therapy, North Central University.
- Alabi, K. (May 2025). Developing culturally responsive attachment-based interventions for diverse female trauma survivors in underserved communities. Doctoral portfolio presentation, Department of Marriage and Family Therapy, North Central University.
- Alabi, K. (2025). Abandonment or advocacy? A trauma-informed clinician's ethical stand: The case of Ashley and Demetrius. Doctoral practicum presentation, Department of Marriage and Family Therapy, North Central University.

## PUBLICATIONS & SCHOLARLY ARTICLES

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### ACADEMIC COURSE-BASED PRESENTATIONS & PAPERS

- Alabi, K. (July 2024). A comprehensive approach to family violence: Integrating research, cultural sensitivity, and resilience-based interventions. Program development presentation, Department of Marriage and Family Therapy, North Central University.
- Alabi, K. (June 2024). Understanding family violence and intimate partner violence among diverse female trauma survivors. Academic presentation, Department of Marriage and Family Therapy, North Central University.
- Alabi, K. (May 2024). Understanding family violence: A comprehensive analysis of theories and socio-cultural factors. Academic presentation, Department of Marriage and Family Therapy, North Central University.
- Alabi, K. (May 2024). Culturally responsive interventions in family violence: Addressing the needs of diverse populations. Academic presentation, Department of Marriage and Family Therapy, North Central University.
- Alabi, K. (May 2024). Developing culturally responsive attachment-based programs for female trauma survivors: A systems thinking approach. Program development presentation, Department of Marriage and Family Therapy, North Central University.